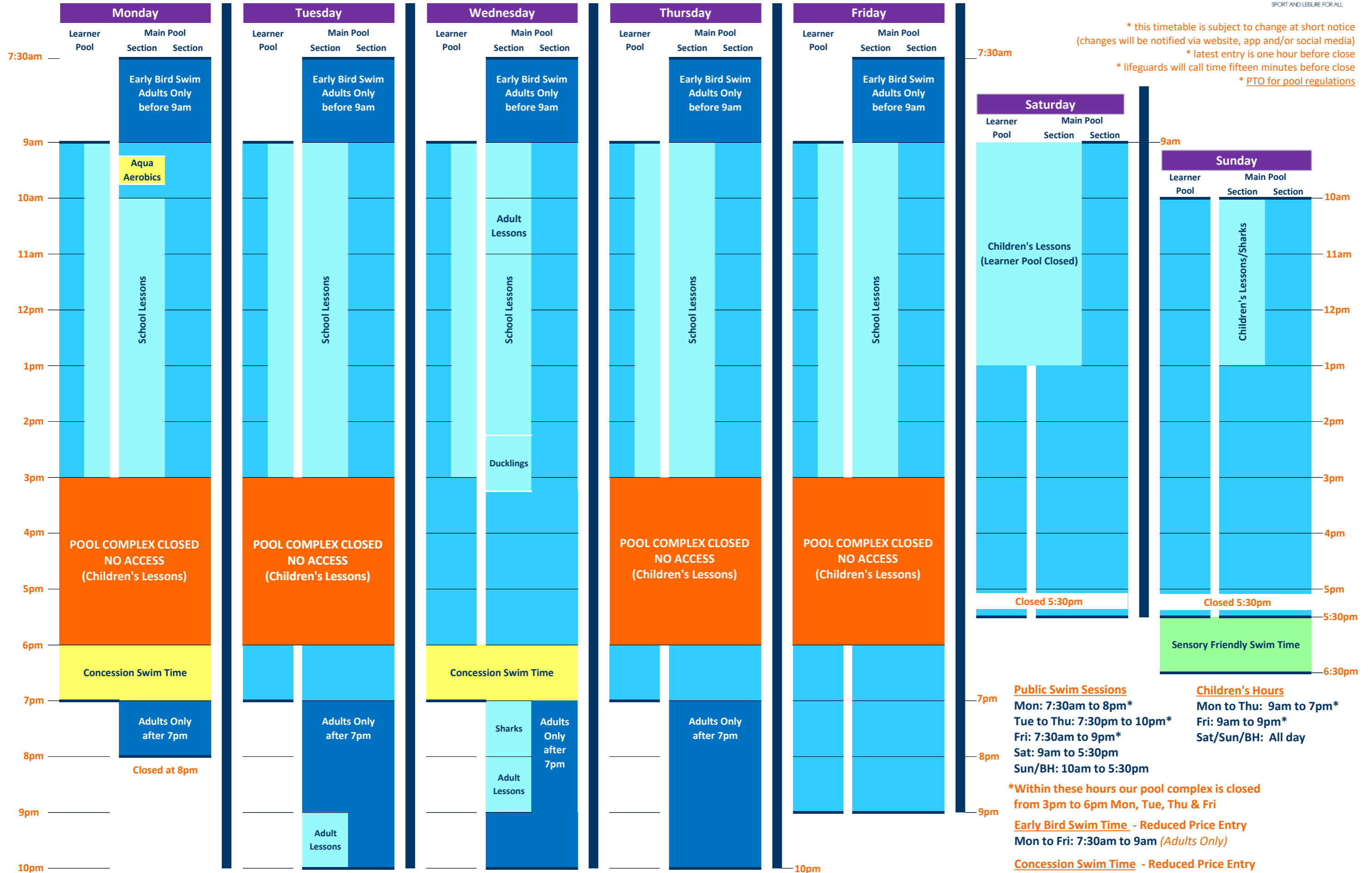


Pool Timetable



Timetable effective from 31/08/2023



* this timetable is subject to change at short notice (changes will be notified via website, app and/or social media)
 * latest entry is one hour before close
 * lifeguards will call time fifteen minutes before close
 * [PTO for pool regulations](#)

Public Swim Sessions
 Mon: 7:30am to 8pm*
 Tue to Thu: 7:30pm to 10pm*
 Fri: 7:30am to 9pm*
 Sat: 9am to 5:30pm
 Sun/BH: 10am to 5:30pm

Children's Hours
 Mon to Thu: 9am to 7pm*
 Fri: 9am to 9pm*
 Sat/Sun/BH: All day

*Within these hours our pool complex is closed from 3pm to 6pm Mon, Tue, Thu & Fri

Early Bird Swim Time - Reduced Price Entry
 Mon to Fri: 7:30am to 9am (Adults Only)

Concession Swim Time - Reduced Price Entry
 Mon & Wed: 6pm to 7pm

Sensory Friendly Swim Time

IMPORTANT: We have a strict policy regarding the admission of children which applies at all times, please note this policy on our website before planning a visit

Please note:

The Health Suite has partially reopened, the Steam Room and Jacuzzi are available to customers aged 16 and over only
The Sauna is closed until further notice and we apologise for any inconvenience this may cause
Swim sessions with the giant inflatable swim slide are not operating at present
The Watershed are not responsible for any belongings lost or mislaid on the premises
All pools are closed to Members and Public swims from 3pm to 6pm on Mondays, Tuesdays, Thursdays and Fridays during Children's Lessons
The Learner Pool is not available on Saturday mornings until after 1pm
The floor of the deep end of our main pool is MOVABLE, we strongly advise you to check the pool depth before entering the water
Latest entry permitted is one hour before close and Bank Holidays operate to Sunday swim sessions

General Regulations

All customers must wear the wristband issued to them at Reception at all times while they are on the premises
All pool users must wear swim hats and pre-shower before entering the water, including children
All belongings must be stored in lockers (refundable €1 coin required)
The reserving of showers and changing cubicles is strictly forbidden WITHOUT EXCEPTION, and may lead to belongings being moved
Members and customers must exit the pool when Lifeguards call time fifteen minutes before close
Latest entry permitted is one hour before close and Bank Holidays operate to Sunday times

Child Admission Policy

Children's hours are 9am to 7pm Monday to Thursday, from 9am to 9pm on Friday and all day Saturday, Sunday and Bank Holidays (note pool closures during children's lessons)
Children's hours apply to all members and customers aged 15 and under
Children aged 10 & under must be accompanied in the water by a supervising adult 18 years + at all times, even if they are experienced & proficient swimmers
The ratio of one adult to every two children aged 7 or under & one to three for ages 8 to 10 applies at all times
Supervising adults must be in close proximity to children in the water at all times & may not supervise from the pool deck, Health Suite, changing village or viewing gallery

Sensory Friendly Swim Time

Our Sensory friendly swim session is specifically for the comfort of our customers with sensory sensitivity, when there will be no music and reduced lighting at Reception and in the Pool Complex. Numbers are restricted and entry is on a first come first served basis. A limited number of tickets may be available for advance purchase - please email amanda.menton@thewatershed.ie if you would like to enquire. Training will also be taking place in the pool during this time. All customers are respectfully requested to be aware and observe that this is a quiet time and keep all noise to a minimum, thank you

Pay As You Go Rates €

	Adult	Child	Family	<i>Family Rates are for two adults + two children or one adult + three children</i>
Peak	9	5	22	6pm to close Monday, Tuesday, Thursday, Friday, from 5pm on Wednesdays and all day Saturday, Sunday and Bank Holidays
Off Peak	7	5	22	7:30am to 3pm Monday, Tuesday, Thursday and Friday and 7:30am to 6pm Wednesday (excluding Bank Holidays)

Concession	6	4	18	6pm to 7pm on Mondays and Wednesdays (excluding Bank Holidays)
Early Bird	6	-	-	7:30am to 9am Monday to Friday (excluding Bank Holidays), Adults Only
Aqua Fit	6	-	-	9:15am Mondays (excluding Bank Holidays)

