

Pool Complex Regulations



General Pool Complex Regulations:

1. Swim hats must be worn at all times and can be purchased at Reception.
2. Children aged 3 years and under are F.O.C. Swim nappies and hats must be worn and can be purchased at Reception.
3. In the interests of hygiene all pool users must shower before entering the Pool.
4. Patrons may not leave belongings in changing cubicles & must store them in the lockers provided. €1 coin (refundable) req.
5. The Health Suite may only be accessed by persons aged 16 years and over.
6. Users of the Pool Complex and Health Suite must comply with directives given by The Watershed Lifeguards and staff at all times.
7. The floor of deep end of our main pool is MOVABLE, we strongly advise that you check the depth of the pool before entering.

Important Information regarding our Child Admission Policy:

1. Children's hours apply to all persons under 16 years.
2. Children aged 10 or under must be accompanied in the water at all times by a responsible supervising adult. A supervising adult is someone aged 18 or older.
3. One adult supervisor must accompany every two children aged 7 or under. If there are three or four children aged 7 or under, a second adult supervisor is essential, and so on.
4. For children aged 8, 9 and 10, the ratio is one adult supervisor for every three children.
5. One adult may supervise two children aged 7 or under plus one child aged 8, 9 or 10 OR one child aged 7 or under plus two aged 8, 9 or 10. But one extra child in either age group requires a second adult supervisor.
6. Adult supervision means that adults must accompany the children in the water at all times.