

MONDAY		Open to	Note
7:30am to 9am	Adults Only Swim	All	Main pool only; Early bird price;
9am to 12 noon	Open Swim	All	School Lessons on - half main pool incl one/two lanes, half learner pool & toddler pool available; Aquafit at 9:15am;
12:15pm to 3pm	Open Swim	All	As above
			FULLY CLOSED
6pm to 7pm	Concession Swim	All	All pools available; Reduced price entry;
7pm to 8pm	Adults Only Swim	All Adults	Main Pool available only

TUESDAY		Open to	Note
7:30am to 9am	Adults Only Swim	All	Main pool only; Early bird price;
9am to 12 noon	Open Swim	All	School Lessons on - half main pool incl one/two lanes, half learner pool & toddler pool available
12:15pm to 3pm	Open Swim	All	As above
			FULLY CLOSED
6pm to 7pm	Open Swim	All	All pools available
7pm to 8:30pm	Adults Only Swim	All Adults	Main pool available
8:30pm to 9:30pm	Members Only Swim	Adult Members	Adults lessons on from 9pm/ <u>Closed to Public</u> ; main pool available to adult <u>members</u> ;

WEDNESDAY		Open to	Note
7:30am to 9am	Adults Only Swim	All	Main pool only; Early bird price;
9am to 12 noon	Open Swim	All	School Lessons on - half main pool incl one/two lanes, half learner pool & toddler pool available
12:15pm to 3pm	Open Swim	All	As above; Ducklings on from 2:15pm;
3:30pm to 5:30pm	Restricted Swim	All	Main pool - two lanes available; Learner Pool closed; Toddler Pool available;
6pm to 7pm	Concession Swim	All	All pool available; Reduced price entry;
7pm to 9:30pm	Adults Only Swim	All Adults	Main pool available

THURSDAY		Open to	Note
7:30am to 9am	Adults Only Swim	All	Main pool only; Early bird price;
9am to 12 noon	Open Swim	All	School Lessons on - half main pool incl one/two lanes, half learner pool & toddler pool available
12:15pm to 3pm	Open Swim	All	As above
			FULLY CLOSED
6pm to 7pm	Open Swim	All	All pools available
7pm to 9:30pm	Adults Only Swim	All Adults	Main pool available

FRIDAY		Open to	Note
7:30am to 9am	Adults Only Swim	All	Main pool only; Early bird price;
9am to 12 noon	Open Swim	All	School Lessons on - half main pool incl one/two lanes, half learner pool & toddler pool available
12:15pm to 3pm	Open Swim	All	As above
			FULLY CLOSED
6pm to 9pm	Open Family Swim	All	All pools available

SATURDAY		Open to	Note
▪ 9am to 12:30pm	Open Swim	All	Children's Lessons on; half main pool incl one lane & toddler pool available; No Learner Pool available;
▪ 1pm to 3:15pm	Open Swim	All	As above
▪ 3:45pm to 5pm	Concession Swim	All	All Pools available; Reduced price entry;

SUNDAY		Open to	Note
▪ 10am to 12 noon	Open Swim	All	Children's Lessons on; half main pool incl one lane; half learner pool & toddler pool available;
▪ 12:30pm to 2:45pm	Open Swim	All	As above
▪ 3:15pm to 5:30pm	Open Swim	All	All pools available;

IMPORTANT INFORMATION

- The Health Suite has partially reopened, the Steam Room and Jacuzzi are available to customers aged 16 and over only
- The Sauna is closed until further notice and we apologise for any inconvenience this may cause
- All pools are closed to Members and Public swims from 3pm to 6pm on Mondays, Tuesdays, Thursdays and Fridays while children's swimming lessons are taking place
- All customers must wear the wristband issued to them at Reception at all times while they are on the premises
- All pool users must wear swim hats and pre-shower before entering the water, including children
- All belongings must be stored in lockers (€1 coin required) - [the reserving of showers and changing cubicles is strictly forbidden WITHOUT EXCEPTION, and may lead to belongings being moved](#)
- The Watershed are not responsible for any belongings lost or mislaid on the premises
- Members and customers must exit the pool and changing village when the pool is closed/in between pool sessions
- The floor of the deep end of our main pool is MOVABLE, we strongly advise you to check the pool depth before entering the water
- Latest entry permitted is one hour before close and Bank Holidays operate to Sunday swim sessions
- Swim sessions with the giant inflatable swim slide are not operating at present
- Customers with any special/additional/sensory needs should make these known to The Watershed before their visit or speak to Lifeguard staff when they arrive so we can make their visit as comfortable as possible

CHILD POOL ENTRY AND SUPERVISION POLICY

- Children's hours are 9am to 7pm Monday to Thursday, from 9am to 9pm on Friday and all day Saturday, Sunday and Bank Holidays
- Children's hours apply to all members and customers aged 15 and under
- Children aged 10 & under must be accompanied in the water by a supervising adult 18 years + at all times, even if they are experienced & proficient swimmers
- The ratio of one adult to every two children aged 7 or under & one to three for ages 8 to 10 applies at all times
- Supervising adults must be in close proximity to children in the water at all times & may not supervise from the pool deck, changing village or viewing gallery

	Adult	Child	Family*	
Peak	9	5	22	4pm to close Monday to Friday, all day Saturday, Sunday and Bank Holidays
Off-Peak	7	5	22	7:30am to 4pm Monday to Friday (excluding Bank Holidays)
Concession	6	4	18	Monday 6pm, Wednesday 6pm and Saturday 3:45pm (excluding Bank Holidays)

*Family Rates are for two adults + two children or one adult + three children

Timetable Effective from: 17.04.23, Revised 20.04.23

